

MUSASHI AMINO ACIDS

MUSASHI products have been developed for maximum efficacy, not for taste. In as much, they are composed exclusively of prime quality ingredients with very little flavouring, and no food additives.

Take on an empty stomach

[How to take]

- ① Pour powder into mouth
- ② Drink down with water

HUAN



FAT METABOLISER

This formulation contains the pure amino acids used by the liver in detoxification reactions and dispersion of fats. The basic components required for the breakdown of toxic compounds are Methionine, Inositol and Lecithin. Methionine, Inositol and Lecithin are also responsible for the transport of fats in the blood. Sufficient quantities of these nutrients are required so that fats may be used as an energy source rather than being stored.

[Instructions]

- ◆ Liver function: Take 1 packet either on rising or retiring with water.
- ◆ As part of a weight loss program: Take 1 packet both on rising and on retiring with water.

KUAN



POWER HEALTH

This formulation contains the "essential" amino acids which cannot be manufactured in the body and must be obtained from a dietary source. It is important that these "essential" amino acids are supplied at the same time and in sufficient quantity for the other non-essential amino acids to be manufactured in the body. Restricted or inadequate diet can effect dietary intake of the "essential" amino acids.

[Instructions]

- ◆ General Health: 1 packet on rising and/or retiring.
- ◆ Vegetarians: 1 packet on rising and/or again in mid-afternoon.
- ◆ Persistent Tiredness: 1 packet on rising and/or 1 hour before tiredness usually sets in.
- ◆ Muscle Mass: 1 packet immediately after exercise and following 1 packet of NI: The Nourishment.

NI



FATIGUE RECOVERY

This formulation contains pure branched-chain amino acids. Strenuous exercise can cause breakdown of protein in the muscles. The BCAA's are unlike other amino acids in that they can be taken up very quickly at the muscle site. This formulation is for use after strenuous exercise.

[Instructions]

- ◆ After exercise: Take 1 packet immediately after strenuous activity with water.
- ◆ From injury: Take 1 packet 2 times per day with water.

REPLENISH



MULTIFUNCTIONAL DRINK

REPLENISH is a revolutionary formula which supplies an ideal combination of nutrients optimised to provide energy, prevent fatigue, and assist recovery for all forms of physical exertion particularly during and after endurance activities and heavy anaerobic exercise.

The specific ingredients have been chosen in precise combination to ensure rapid absorption to maximize these benefits. REPLENISH when taken with water will also facilitate quick rehydration following dehydration resulting from excessive alcohol intake, diarrhoea, fever and other causes.

[Instructions]

- During endurance activities, and other heavy physical exertion take one packet(35g) with 500ml of water every half hour. After heavy physical exertion, or other conditions that give rise to dehydration, take two packets(70g) with 1 Litre of water to facilitate rehydration and recovery from related symptoms.